

# INDIAN KARATE CONFEDERATION

Member of: World Karate Confederation - WKC/FW



*15th Anniversary Celebrations*

# NATIONAL KARATE TOURNAMENT-2025

24, 25 & 26<sup>TH</sup>  
OCTOBER 2025

KORAMANGALA INDOOR STADIUM  
KHB GAMES VILLAGE  
BANGALORE - 560047

**FOR REGISTRATIONS CONTACT**

94440 52122 | 95000 60555

98410 96942 | 99160 83416



Dear Sensei,

I am glad to inform you that Indian Karate Confederation has planned to celebrate the 15th Anniversary through organising the National level Karate Tournament & WKC Referee Seminar which will be held on 24th, 25th & 26th October 2025 at Koramangala Indoor Stadium, KHB Games Village, Bangalore - 560047.

24th October - Referee Seminar and Examination & IKC Dan Examination (Venue to informed.)

25th & 26th October - National Level Karate Tournament

The purpose of gathering all styles of Karate practitioners are get to know each other, leaving differences outside of the Tournament and work together, and promoting the spirit of Karate-Do & Kobudo.

On Behalf of IKC, I invite you all to participate in this event and utilize this golden opportunity to deepen friendship with one another and enhance your sportive knowledge and help flourish the Federation.



Yours Karate-Do,  
Hanshi. Dr. S. Rethinam  
President - IKC  
Vice President - WKC  
WKC - Founded by Fritz Wendland

## RULES & REGULATIONS



- WKC Rules will be followed.
- The Competitors must wear a White Unmarked Karate Gi without piping or strips. (Only the National Emblem or Flag may be worn).
- No Foot Pads, Wrapped Bandages, Braces or any Metallic objects may be worn.
- All the Participants must be reported in time at the venue for the Tournament.
- The Tournament Director reserves the right to combine or cancel any group of events when appropriate. Decision of the Referee Panel will be final. No one may protest a judgement to the members of the Refereeing Panel. If anyone does so, they will be disqualified from the entire Tournament.
- Alcoholic drinks, Smoking, Chewing Tobacco, Drugs are strictly prohibited at the venue of the Tournament.
- Participants must bring their own White Gloves for Karate Event & weapon for Kobudo Event.
- Toe Nails & Finger Nails must be trimmed short.
- For Kumite Events, Gumshield (Mouth Guard) is mandatory for all.
- Groin Guard is Mandatory for Male Events and Chest Guard is Mandatory for female events 14 years and above.
- Any types of eyewear are not allowed.
- Four places will be awarded. First, Second and two Third places will be awarded as winners.
- Proof of Age must be provided for the Sub-Juniors & Juniors.
- For any stipulation not stated in this chapter, modifications and alterations are subject to the approval of the Tournament Director & Referee Panel.



## IMPORTANT



- Indian Karate Confederation/ Organisers/ Tournament Director/ Organising Committee/ Technical Committee/ Referee Panel etc. do hereby solemnly affirm and declare that we are not responsible for any sort of Injury/ Accident/ Fracture/ Damage is caused either mentally or physically or both or which leaves to serious stages during the course of participation in the Tournament. But however first aid will be provided at the Tournament Venue.
- This Tournament is exclusively for Karate practitioners.

## GENERAL INSTRUCTIONS

- Deadline for Registration
- The Last date for Registration of Tournament will be 1st of October 2025.
- Once Registered, there will be No Refund at any circumstances.



## ACCOMMODATION

Boarding & Lodging will be at your own cost. Outside of Bengaluru Participants who are in need of accommodation are requested to contact Organising Committee well in advance for the guidance of Accommodation. No last minute requests are entertained.



## FEES DETAILS



### INDIVIDUAL

First Event  
Rs. 1000/- Per Head

Additional Event  
Rs. 800/- per event

TEAM EVENT  
Rs. 2100/- Per Team

### REFEREE

Seminar - Rs. 1500/-  
Examination - Rs. 1000/-

# DETAILS OF CATEGORIES

- The Competitors must be at the exact age of their group on the day of competition (No exceptions)
- All Kata Events will be classified as below for all age Categories (Stylewise Kata Competition)
  - 1) Shorin-Ryu 2) Goju-Ryu 3) Isshin-Ryu 4) Shito Ryu 5) Shotokan 6) Wado Ryu & 7) Mixed Style Categories
- Categories:
  1. Children - 8 to 13 Years, 2. Cadets - 14 to 17 Years, 3. Juniors - 18 to 20 Years, 4. Seniors - 18+
- Unlimited Entries for all Categories
- Kata Style Categories of an age class with less than 3 registered competitors will be merged together to a "Mixed Style Category".
- Kumite Categories of an age class with less than 4 registered competitors can be merged together. (Light weight starters being put in to higher weight category with the largest number of competitors)
- Children Category (8-13 Years) will be separated in two categories as 7<sup>th</sup> Kyu & Below & 6<sup>th</sup> Kyu & Above.

## 1. CHILDREN (8-13 Years) - Male & Female

### KATA

#### 7<sup>th</sup> Kyu & Below

(Participants can repeat the same Kata in all rounds)

- 8-9 years. 1st Round : Shitei
- 10-11 years. 2nd Round : Shitei or Sentei
- 12-13 years. Final: Shitei or Sentei

- 8-9 years.
- 10-11 years.
- 12-13 years.

#### 6<sup>th</sup> Kyu & Above

1st Round : Shitei  
 2nd Round : Sentei  
 Final: Any Kata (Except Gojushiho-dai, Gojushiho-sho and Unsu in Shotokan)

### TEAM KATA

### KUMITE

#### 8-9 years (Fighting time: 1 minute)

Shobu Sanbon

Weight Categories:

Male : -34, -39, +39 Kgs.

Female: -32, -37, +37 Kgs.

#### 10-11 years (Fighting time: 1 minute 30 Seconds)

Shobu Sanbon

Weight Categories:

Male: -40,

-45,

+45 Kgs.

Female: -35, -40, +40 Kgs.

#### 12-13 years (Fighting time: 2 Minutes)

Shobu Sanbon

Weight Categories:

Male: -50, -55, +55 Kgs.

Female: -45, -50, +50 Kgs.

#### Shobu Ippon

Male : Open Weight

Female : Open Weight

Shobu Ippon

Male : Open Weight

Female : Open Weight

Shobu Ippon

Male : Open Weight

Female : Open Weight

### TEAM KUMITE

Shobu Sanbon

(Fighting time: 3 minutes)

3 competitors in one team  
 (+1 reserve)

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## 2. CADETS (14-17 Years) - Male & Female

### KATA

- 14-15 Years
- 16-17 Years

1st Round : Shitei, 2nd Round : Sentei, Final : Tokui | TEAM KATA

### KUMITE

#### 14-15 years

Shobu Sanbon (Fighting time: 3 minute)

Weight Categories:

Male: -55, -60, +60 Kgs.

Female: -50, -55, +55 Kgs.

#### 16-17 years

Shobu Sanbon (Fighting time: 3 minutes)

Weight Categories:

Male: -60, -65, +65 Kgs.

Female: -52, -57, +57 Kgs.

Shobu Ippon (Fighting time: 2 minutes)

Weight Categories

Male : Open Weight

Female : Open Weight

Shobu Ippon (Fighting time : 2 minutes)

Weight Categories

Male : Open Weight

Female: Open Weight

### TEAM

KUMITE

(Shobu

Sanbon)

### 3. JUNIORS (18 - 20 Years) - Male & Female

#### KATA

##### Individual

1st Round : Shitei, 2nd Round : Sentei,  
Final : Tokui

##### Team

(Only One competitor with the minimum  
age of 15 years may be used)  
1st Round: Shitei, 2nd Round : Sentei, Final: Tokui

#### KUMITE

##### Individual

**Shobu Sanbon (Fighting time: 3 minutes)**  
Weight Categories:  
Male: -68, -78, +78 Kgs.  
Female: -55, -60, +60 Kgs.

##### Team

Shobu Sanbon  
(Fighting time: 3 minutes)  
3 competitors in one team (+1 reserve )

##### Shobu Ippon

Male : Open Weight  
Female : Open Weight

### 4. SENIORS (18 Years +) - Male & Female

#### KATA

##### Individual

1st Round : Shitei, 2nd Round : Sentei,  
Final : Tokui

##### Team

(Only One competitor with the minimum  
age of 15 years may be used)  
1st Round: Shitei, 2nd Round : Sentei, Final: Tokui

#### KUMITE

##### Individual

**Shobu Sanbon (Fighting time: 3 minutes)**  
Weight Categories:  
Male: -68, -78, +78 Kgs.  
Female: -55, -60, +60 Kgs.

##### Team

Shobu Sanbon  
(Fighting time: 3 minutes)  
3 competitors in one team (+1 reserve )

##### Shobu Ippon

Male : Open Weight  
Female : Open Weight

### SENIORS (40 Years +) - Male & Female

#### Individual Kata

1st Round: Shitei, 2nd Round : Sentei, Final : Tokui

### 1.CHILDREN (6 - 7 Years) - Male & Female

#### KATA

1st Round : Shitei  
2nd Round: Shitei or Sentei  
Final : Shitei or Sentei

#### KUMITE

**Shobu Sanbon (Fighting time: 1 minute)**  
Weight Categories:  
Male: -20, -25, +25 Kgs.  
Female: -20, -25, +25 Kgs.

## IKC EVENTS

### 2.KOBUDO - Male & Female

#### NUNCHAKKU

- Upto 13 Years
- 14 TO 17 Years
- 18 Years & Above

#### BO

- Upto 13 Years
- 14 TO 17 Years
- 18 Years & Above

#### SAI

- Upto 17 Years
- 18 Years & Above
- Vetarans (Above 40 Yrs.)

#### IKC Registered Office :

C-7 Giri Apartments, 26 Arcot Road, Virugambakkam, Chennai 600092, India

#### IKC Administrative Office :

E-1 Giri Apartments, 26 Arcot Road, Virugambakkam, Chennai 600092, India

Contact No.s: President - +91 - 94440 52122, Gen.Secretary - +91 - 95000 60555

Email Id : kyoshirethiname@gmail.com, benjamin.aikkpf@gmail.com